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# PHD SPRINGBOARD

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## A GUIDE TO PRIVATE COACHING AND TRAINING SERVICES

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Looking for professional work outside of academia? Give your applications a boost by working with a private coach. Please mention Jobs on Toast when enquiring!

### The Professor Is In

Karen Kelsky is a well-known academic career coach who now offers advice on careers outside academia. Karen has a team of expert writers and coaches who are producing some great blog content and offering webinars and hourly consultations. Check out Karen's [Post-Ac Services](#) page to find out more and book your free 20-minute consultation.

### Eyes Wide Opened

London-based social enterprise [Eyes Wide Opened](#) runs career-clarifying courses and workshops which are getting rave reviews. EWO offers courses specifically designed for quarter-life job-seekers with a few years of experience - ideal for PhDs and early career researchers!

### Cheeky Scientist

If you're interested in starting your own business after your PhD, and want some help, then take a look at [Cheeky Scientist](#). Founder Isaiah Hankel has a stable of consultants with backgrounds in the life and medical sciences, who can help entrepreneurs to release their own products and services, and learn to market themselves and their brands.

If you do sign up for a consulting package with Cheeky, send Chris a message via [facebook](#) or [twitter](#), and you'll receive a bonus self-development book to the value of £10/\$15.

### Jennifer Polk

Jen is the founder of the blog From PhD to Life and writes for University Affairs. Jen also runs her own coaching business: find out more about [career services from Jen](#).

## Fatimah Williams Castro

Fatimah runs the website Beyond the Tenure Track, and offers a range of [coaching and mentoring options](#), including defining what success means for you and preparing a career action plan.

## Lilli Research Group

Maren Wood at Lilli Research Group offers a Boot Camp for Post-Academic Job Seekers. This is a month-long course of 12 modules, delivered online. Find out more about [career services from Maren](#), and read the great testimonials from recent participants of the Boot Camp.

## Escape the Ivory Tower

Julie Clarenbach at Escape the Ivory Tower helps academics to make the transition out of higher education. Take a look at Julie's [list of services](#) and sign up for her free Teleclass and eCourse.

## Alt Academix

Brenda Bethman and C. Shaun Longstreet help researchers to market themselves for academic administrative positions: see their list of [services for individuals](#).

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### ABOUT PHD SPRINGBOARD

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When looking for a career outside of academia, you may find it difficult to translate your skills and experience into a language employers can understand. By hiring a private coach or attending a training course, you can gain the confidence and knowledge to market yourself professionally.

As some coaches and companies listed here pay a referral fee, please do mention [Jobs on Toast](#) when making enquiries.

PhD Springboard will be updated once a quarter and there's no charge to be listed. Send Chris your suggestions for inclusion in the next edition of the guide via [facebook](#) or [twitter](#).