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# PHD SPRINGBOARD

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## YOUR GUIDE TO FINDING A CAREER COACH / TRAINING COURSE

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When looking for a career outside of academia, you may find it difficult to translate your skills and experience into a language employers can understand. By hiring a private coach or attending a training course, you can gain the confidence and knowledge to market yourself professionally.

This guide lists some of the market-leading coaches and training companies. Please do mention [Jobs on Toast](#) when making an enquiry, as some coaches and companies pay a referral fee.

### The Professor Is In

Karen Kelsky is a well-known academic career coach who now offers advice on careers outside academia. Karen has a team of expert writers and coaches who are producing some great blog content and offering webinars and hourly consultations. Check out Karen's [Post-Ac Services](#) page to find out more and book your free 20-minute consultation.

### Eyes Wide Opened

London-based social enterprise [Eyes Wide Opened](#) runs career-clarifying courses and workshops which are getting rave reviews. EWO offers courses specifically designed for quarter-life job-seekers with a few years of experience - ideal for PhDs and early career researchers!

### Cheeky Scientist

If you're interested in starting your own business after your PhD, and want some help, then take a look at [Cheeky Scientist](#). Founder Isaiah Hankel has a stable of consultants with backgrounds in the life and medical sciences, who can help entrepreneurs to release their own products and services, and learn to market themselves and their brands.

## Jennifer Polk

Jen is the founder of the blog From PhD to Life and writes for University Affairs. Jen also runs her own coaching business: find out more about [career services from Jen](#).

## Fatimah Williams Castro

Fatimah runs the website Beyond the Tenure Track, and offers a range of [coaching and mentoring options](#), including defining what success means for you and preparing a career action plan.

## Lilli Research Group

Maren Wood at Lilli Research Group offers a Boot Camp for Post-Academic Job Seekers. This is a month-long course of 12 modules, delivered online. Find out more about [career services from Maren](#), and read the great testimonials from recent participants of the Boot Camp.

## Alt Academix

Brenda Bethman and C. Shaun Longstreet help researchers to market themselves for academic administrative positions: see their list of [services for individuals](#).

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### ABOUT PHD SPRINGBOARD

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This resource guide is a free download from the careers website [Jobs on Toast](#). Please share your edition of *PhD Springboard* with anyone who's interested in improving their job prospects!

Jobs on Toast is a careers website dedicated to helping researchers find professional work outside of the university sector. Jobs on Toast was founded in 2012 by Chris Humphrey, who left academia for a career in business management and consulting.

*PhD Springboard* will be updated once a quarter and there's no charge to be listed. Please send Chris your suggestions for inclusion in the next edition via [facebook](#) or [twitter](#).